



Dermal Fillers

Enhance your natural beauty

Dermal fillers bring a more youthful appearance by restoring volume or fullness to the face and lips. They work by reducing or eliminating lines, wrinkles and folds in the skin and the effect is seen immediately.

As skin ages we lose collagen, fat and other natural moisturising substances from our skin. These can be thought of as natural “scaffolding” that keeps it looking young and feeling firm. With less of these, our skin becomes thinner and we start to see lines, wrinkles and deep folds developing. This is usually more noticeable on our faces.

What are dermal fillers made of?

Various kind of safe, natural and man-made materials are used as dermal fillers; these have been specifically developed over the years for use in the skin.

Hyaluronic Acid (HA) derived Hydra Fill and Restylane, last for up to 6 - 12 months, depending upon the site of application and the formulation of

the material used.

HA is found naturally throughout our bodies: in our skin, bones, joints, and eyes. It acts as a lubricant and moisturiser due its ability to attract and store water. Hyaluronic Acid is clinically produced and does not derived from animal or human sources.

Some well-known brands of HA dermal fillers in the UK include:

CRM
Restylane
Juvaderm

Is the treatment uncomfortable?

A local anaesthetic cream is used to make the treatment as comfortable as possible. For treatments near the mouth, such as lip treatments, your practitioner will freeze the area with an injection which is similar to a dental anaesthetic.

Are there any adverse effects?

There are thousands of dermal filler treatments carried out in the UK and even more around the world, with few serious or lasting side effects.

Most people can return to their normal daily life immediately after treatment. However, your practitioner will explain the possible side effects during the initial consultation.

The commonest side effects include slight bleeding and mild bruising, swelling may also occur around the area. These typically last only one to three days. If you have lip treatment swelling can last 3 - 5 days, otherwise it is transient.

If you have a history of cold sores, dermal filler treatment in that area might cause them to break out again. Your practitioner may prescribe a course of anti-viral tablets after the treatment to reduce the possibility of a recurrence.

How long do dermal fillers last?

The length of time that dermal fillers last depends on the type of filler used and the area injected. On average, you would expect the results of a Hyaluronic Acid dermal filler to last around 6 - 12 months. Thicker dermal fillers tend to last longer than those used for finer lines.

As the dermal filler is gradually broken down and the level of volume gained lessens, you can choose to have the area "topped-up" to retain the effect. However, if you decide not to, the advantage of non-permanent dermal fillers is that the area will

gradually return to how it was before the treatment.



Can anyone have dermal filler treatment?

Whilst most people can benefit from this treatment, there are certain medications and conditions that preclude its use. Your practitioner will ask a number of questions during your consultation to ensure that dermal fillers are appropriate.

If you are pregnant or breast-feeding you would be advised to delay treatment until breast-feeding has finished, this is simply a precaution.

What to do next?

Please book a consultation today in order to discuss the options for skin rejuvenation with our trained medical professional. Dermal fillers can be complemented by Botulinum Toxin treatment such as Bo-tox as well as facial peels. The practitioner will also advise you about skin care including sun protection and moisturisers.